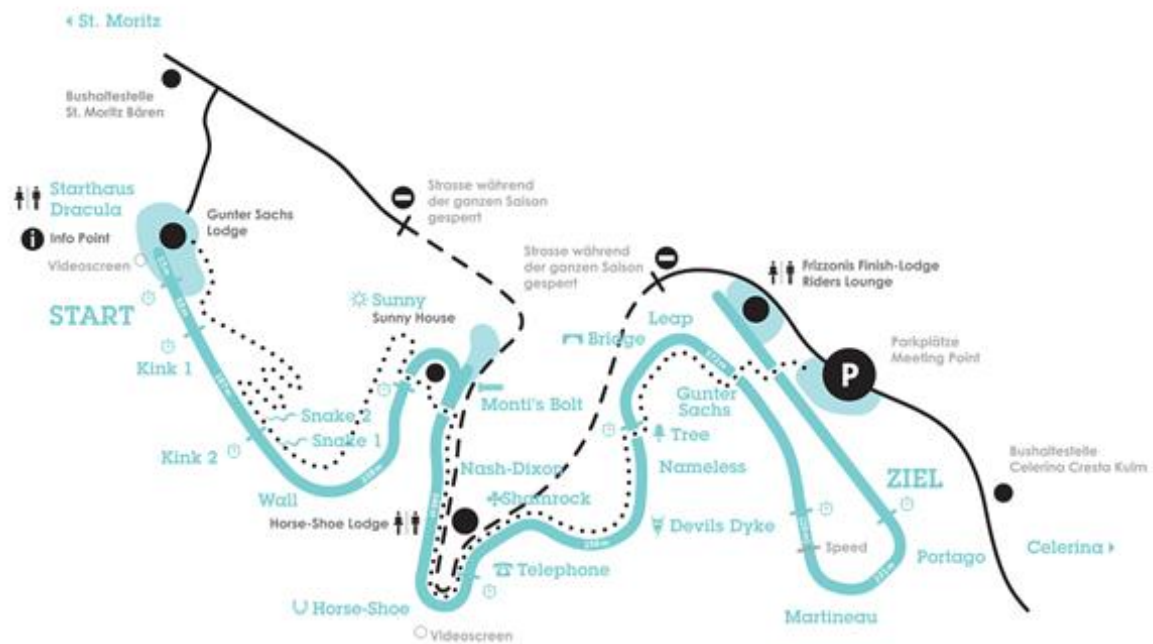


Announcement

Monobob school for beginners and advanced season 2020/21

14 February 2021 – 17 February 2021



During the winter season 2020/21 the bob track management organizes a "Monobob school" on the Olympia Bob Run St. Moritz - Celerina. The goal of this 4-day course is to familiarize the participants with the Monobob sport. The course will be carried out in accordance to the Olympia Bob Run GTC.

Aims

Beginners: Practical and theoretical introduction to the monobob sport. With successful conclusion of the school, the participant will receive a monobob certificate qualifying him to pilot a monobob.

Advanced: Practical and theoretical improvement of the bobsleigh sport.

Contact

Olympia Bob Run St. Moritz - Celerina
Plazza Gunter Sachs / Postfach 81
Via Maistra 54
7500 St. Moritz
T +41 81 830 02 00
events@olympia-bobrun.ch

Terms of participation

Minimum age is 15 years (15- until 17-year-old adolescents need written consent of the parents). Maximum of twelve participants per course. Participants are accepted upon entry of the registration form.

Equipment

Monobobs

Monobobs will be provided throughout the course. Own bobs may be used but must first be approved by the instructor.

Equipment

Helmets will be provided by the Olympia Bob Run. The usage of own helmets is not permitted. Generally usual winter sport clothing is appropriate. The usage of protective gear is recommended.

Further clothing

Track suit, athletic shoes, gloves

Fees Including:

Monobob rental

Use of integral helmet with ski goggles

Shuttle Finish - Start

Instructor

Certificate

Training videos will be downloaded on your USB-stick (Info Point)

Your participation in the school is confirmed as soon as you have paid the fees.

Accommodation

If you need help, finding a place: www.engadin.stmoritz.ch

Insurance

All participants use the Olympia Bob Run track exclusively at their own risk. Liability claims for damages arising directly or indirectly related to the use of the bobsled run, are expressly excluded. Appropriate accident insurance protection is the responsibility of the participants. Damages to rented sleds are in the liability of the individual pilot. Repairs are charged to the account of the respective pilot (liability insurance is recommended).

Registration

Registration and payment have to be carried out online. Registration fees will not be refunded, except a medical certificate will be shown. Participants will be accepted on first come first take part basis.

Schedule

(subject to change)

1st day	1.00pm	Meeting point: Olympia Bob Run; changing rooms in the start area, theory, material instruction, track walk
2nd day	9.00am	Meeting point: Olympia Bob Run; changing rooms in the start area, track walk
	11.00am	Training from Montis Bolt or Top subsequently video analysis
3rd day	9.00am	Meeting point: Olympia Bob Run; changing rooms in the start area, track walk
	11.00am	Training from Montis Bolt or Top subsequently video analysis
4th day	9.00am	Meeting point: Olympia Bob Run; changing rooms in the start area, track walk
	11.00pm	Training subsequently video analysis subsequently distribution of certificates

Please note that, if there would be a slight modification due to organizational reasons (e.g. the school takes place in the afternoon and not in the morning), no annulation (and so no reimbursement) is possible.

Olympia Bob Run St. Moritz - Celerina

