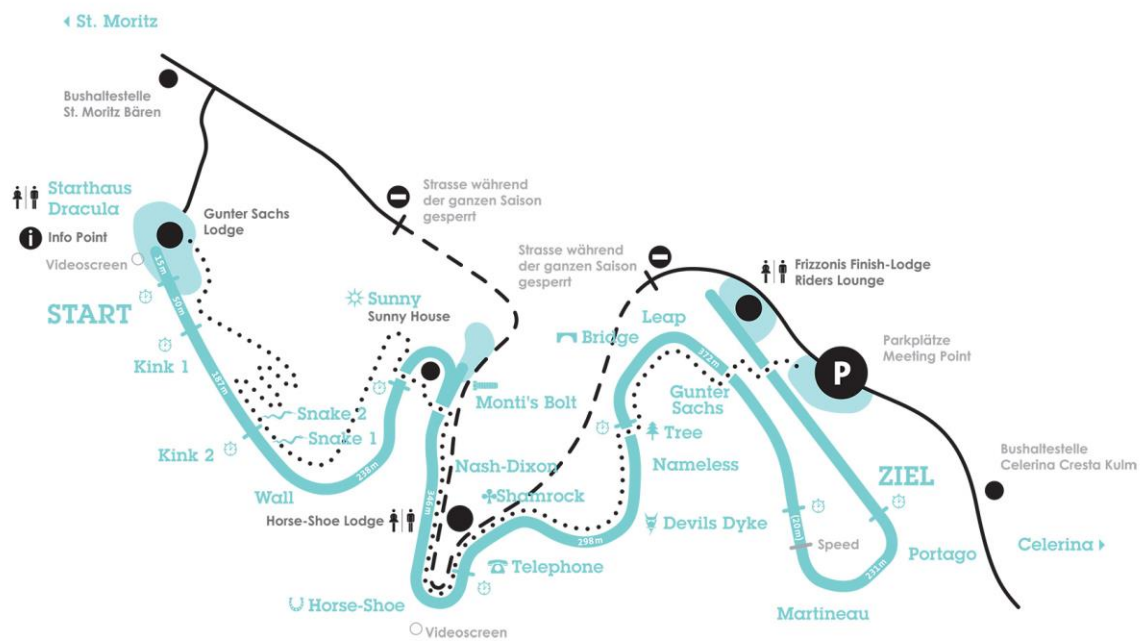


# Announcement

Bob school for beginners and advanced season 2020/21

1 February 2021 – 5 February 2021



During winter season 2020/21 the bob track management offers one "Bobschool" on the Olympia Bob Run St. Moritz - Celerina. The goal of this 5-day course is to familiarise the participants with the bob sport. The course will be carried out in accordance to the Olympia Bob Run GTC.

#### Aims

Beginners: Practical and theoretical introduction to the bob sport. With successful conclusion of the school, the participant will receive a bobschool certificate qualifying him to pilot a 2men bob.

Advanced: Practical and theoretical improvement of the bobsleigh sport.

#### Contact

Olympia Bob Run St. Moritz - Celerina  
Plazza Gunter Sachs / Postfach 81  
Via Maistra 54  
7500 St. Moritz  
T +41 81 830 02 00  
events@olympia-bobrun.ch

#### Terms of participation

Minimum age is 16 years (16- and 17 year-old adolescents need written consent of the parents).

Maximum of sixteen participants per course. Participants are accepted upon entry of the registration form.

#### Equipment

Sleds

2men bobs and monobobs will be provided throughout the course. Own bobs may be used but must first be approved by the instructor.

Equipment

Helmets will be provided by the Olympia Bob Run. The usage of own helmets is not permitted. Generally usual winter sport clothing is appropriate. The usage of protective gear is recommended.

#### Fees

Including:

Bob rental, use of integral helmet with ski goggles  
Shuttle Finish - Start  
Instructor  
Certificate

Training videos will be downloaded on your USB-stick (Info Point)

Your participation in the school is confirmed as soon as you have paid the fees.

#### Accommodation

If you need help finding a place: [www.engadin.stmoritz.ch](http://www.engadin.stmoritz.ch)

#### Insurance

All participants use the Olympia Bob Run track exclusively at their own risk. Liability claims for damages arising directly or indirectly related to the use of the bobsled run, are expressly excluded. Appropriate accident insurance protection is the responsibility of the participants. Damages to rented sleds are in the liability of the individual pilot. Repairs are charged to the account of the respective pilot (liability insurance is recommended).

### Registration

Registration and payment have to be carried out online. Registration fees will not be refunded, except a medical certificate will be shown. Participants will be accepted on first come first take part basis.

## Program Bobschool

(subject to changes)

1 <sup>st</sup> day:	08.00 am	Meeting point: Olympia Bob Run; changing rooms in the start area, theory, instruction material, track walk Training from Montis Bolt and Top subsequently video analysis
	01.00 pm	
2 <sup>nd</sup> day:	08.00 am	Meeting point: Olympia Bob Run; changing rooms in the start area, track walk Training subsequently video analysis
	10.00 am	
3 <sup>rd</sup> day:	08.00 am	Meeting point: Olympia Bob Run; changing rooms in the start area, track walk Training subsequently video analysis
	10.00 am	
4 <sup>th</sup> day:	08.00 am	Meeting point: Olympia Bob Run; changing rooms in the start area, track walk Training Subsequently video analysis
	10.00 am	
5 <sup>th</sup> day:	08.00 am	Meeting point: Olympia Bob Run; changing rooms in the start area, track walk Training subsequently video analysis subsequently distribution of certificates
	10.00 am	

Please note that, if there would be a slight modification due to organizational reasons (e.g. the school takes place in the afternoon and not in the morning), no annulation (and so no reimbursement) is possible.

### Further clothing

Track suit, athletic shoes, gloves

Olympia Bob Run St. Moritz - Celerina

